

Gym Drop-in: January 6 to March 30, 2020



Pickleball

Players are required to sign up in advance for Pickleball play. Please sign up by visiting the Fleming desk. If you need to cancel your session, please call 705-749-5552. Sign ups will not be taken over the phone - players must visit the Centre.

Monday	Tuesday	Wednesday	Thursday	Friday
Pickleball 11 am – 1 pm Gym B/C		Pickleball 11 am – 1 pm Gym B/C		Pickleball 11 am - 1 pm Gym B/C
Beginner Instruction 11 - 11:30 am Gym C	Pickleball Clinic 11 am – 12 pm Gym B/C	Beginner Instruction 11 - 11:30 am Gym C	Pickleball Clinic 11 am – 12 pm Gym B/C	
Pickleball 1 - 3 pm Gym B/C	Advanced Play 12 - 3 pm Gym B/C	Pickleball 1 - 3 pm Gym B/C	Advanced Play 12 - 3 pm Gym B/C	Pickleball 1 - 3 pm Gym B/C
Beginner Instruction 1 - 1:30 pm Gym C		Beginner Instruction 1 - 1:30 pm Gym C		

Drop-in Sports

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Badminton 9:30 – 11 am Gym B		Badminton 9:30 – 11 am Gym B		
Basketball 3 - 5 pm Gym A	Table Tennis 12 – 3 pm MPR B/C	Basketball 3 - 5 pm Gym A	Table Tennis 12 – 3 pm MPR B/C	Basketball 3 - 5 pm Gym A	Basketball 4 - 6:45 pm Gym B/C
	Basketball 3 - 5 pm Gym A	Badminton 9 - 10:45 pm Gym A	Basketball 3 - 5 pm Gym A	Ultimate Water Sports 8:30 - 10 pm Leisure Pool	

Drop-in Rates

- Drop-in activities are included with full-time Fleming student and Wellness Centre memberships, except Table Tennis
- \$4 per visit for gym drop-in
- \$5 per visit for Ultimate Water Sports
- \$4 per play, or \$75 for 25 play pass for Pickleball

Please note, this drop-in schedule is for reference only. Available times are subject to change.

Additional gym time may be available. Call the Gym hotline for a current schedule at 705-742-1517.

Fleming Knights Varsity Schedule



Support the Fleming Varsity teams by cheering them on at their next game. Varsity games take place at the Centre, in gyms B and C. Visit the Fleming Knights website for additional varsity schedules, at flemingknights.ca.

Date	Visiting Team	Time
Men's Basketball		
January 17	George Brown	7 pm
January 30	UTM	7 pm
February 8	Seneca	1 pm
February 14	La Cite	7 pm
February 15	Algonquin	3 pm
February 19	Durham	7 pm
Men's Volleyball		
January 25	Algonquin	6 pm
January 26	La Cite	3 pm
February 1	Canadore	6 pm
February 7	Georgian	8 pm
February 27 - 29	OCAA Provincials	TBA
Women's Volleyball		
January 25	Algonquin	4 pm
January 26	La Cite	1 pm
February 1	Canadore	4 pm
February 7	Georgian	6 pm

Revised: January 21, 2020

Drop-in Programs

Badminton

Come with a partner or find one during this badminton drop-in program. The net will be set up, with birdies and rackets available to borrow by trading in your membership or student card.

Basketball

Stop by during any of our scheduled drop-in basketball times to shoot hoops with a friend. Bring your own ball, or trade in your membership or student card to borrow one of ours.

Pickleball

Pickleball is one of the fastest growing racket sports in North America, combining elements of badminton, tennis and table-tennis. It is played on a court with the same dimensions as a doubles badminton court and played with a hard paddle and whiffle ball. Sign up is required for pickleball.

- **Advanced Play:** for competitive players who are comfortable with the rules and ready to play
- **Beginner Instruction:** perfect for those looking to try out pickleball. Come during the beginner instruction to learn technique and rules.
- **Clinic:** for those looking to work on their skills, the clinic is an opportunity to practice.

Table Tennis

Come with a partner or join the group. Please bring your own paddle as supplies are limited. Three tables are available for all level play.

Ultimate Water Sports

Looking for a fun way to spend your Friday night? Try our new weekly interactive water games and activities including inner-tube volleyball, basketball, water polo and more! Sport activities take place in the leisure pool, with the therapy pool available for friends who want to watch. This program runs January 24 to March 20.

Child Minding Services

The Centre offers a safe space for children 6 weeks through to 12 years of ages to stay with friendly staff while you access programs or services during available child minding hours. For details on the service schedule and fees, visit the reception desk or peterborough.ca.

